

# THAI RITUALS~HOLISTIC TREATMENT



## **THAI TREATMENT MASSAGE** (50 min. Euro 90,00 ~~~80 min. Euro 120,00)

Thai Energy Treatment is a set of techniques from the Thai tradition aimed at the psychophysical well-being of the person. It involves a complex work carried out along the energy lines (SEN) alternating with passive yoga techniques and moments of relaxation and/or meditation, which is why it has become so famous.

## **THAI FOOT REFLEXOLOGY MASSAGE** ( 50 min. Euro 90,00 )

Thai Foot Reflexology massage is a careful and specific treatment that uses ancient oriental techniques of acupressure in the points connected to the human body system for an energetic and functional rebalancing. In the ancient sacred books of India we read the sentence.. "He who massages his feet before going to sleep will not be affected by any disease “

## **THAI OIL TREATMENT** ( 50 min - Euro 130,00 )

Thai oil treatment works on the muscles, stretching and warming them, reactivating blood circulation, and bringing nourishment to the tissues. It has a relaxing effect and stimulates deep self-healing processes. It improves, by extension, the aesthetic appearance of the person. The tissues are reoxygenated and all the imperfections due to a lack of circulation find possible solutions.

## **RELAX ORIENTAL MASSAGE** ( 50 min - Euro 90,00 )

The Relax oriental massage performs an effective oriental and holistic technique of work on stress and energy flow, carried out to relax the muscles from accumulated tensions..

## **LYMPHATIC DRAINAGE MASSAGE** (50 Minuti – Euro 95,00 )

The Holistic Massage with Lymphatic Drainage action is based on a work that reconciles the old techniques of Manual Drainage Massage with the current Holistic philosophies that see mind and body always closely linked. The treatment of lymphatic stasis, also from an emotional as well as functional point of view, brings extraordinary results. The Massage acts on the lymphatic circulation by increasing its speed and therefore the ability to absorb excess liquids. This is certainly one of the most effective Messages also for the prevention of cellulite and its treatment. It is a Massage characterized by slow, enveloping, and light maneuvers, so much so that it is also considered an excellent relaxing technique with an analgesic effect.

## **PERSONAL WITH MEDITATION** ( 50 min. Euro 130,00 )

The personalized message is calibrated to the individual needs agreed between the professional and the client. The techniques and philosophies are based and work in harmony with the operator who moves through tactile perception and energy..

